



DR. KINGSLEY D. KABARI
Owner, Kabari Wellness Institute



Kabari

Wellness Institute

**“We Treat Everyday People Like
Million Dollar Athletes”**

Dr. Kingsley Kabari is a highly accomplished individual, known for his extensive contributions to the field of health and wellness. As the owner of multiple establishments, including **Kabari Wellness Inc., Kabari Wellness Rome, NY, Kabari Chiropractic, Start To Fit Health and Wellness LLC, Restorative Functional Center, Elite Athletic Performance Center, Wellness Kitchen, and Corrective Stretch and Exercise Studio**, he has established himself as a leading figure in the industry.

With a Bachelor of Science degree in Exercise Physiology and a **Board-Certified License in Chiropractic**, Dr. Kabari possesses a strong educational background. He is also the Founder of Advanced Muscle Kinetics (AMK), a testament to his entrepreneurial spirit and commitment to innovation. In addition, he has received training in various specialized techniques such as Active Release Technique, Kinesio taping, Nasal Specifics Technique and Clinical Whole Food Nutrition.

Dr. Kabari's vision is to bridge the gap between conventional medicine and holistic care. His aim is to create a one-stop shop for all health and wellness needs, providing comprehensive and integrated services. Through his diverse range of businesses, he has created a platform where individuals can receive holistic care, combining various approaches to enhance their overall well-being.

Over his 20+ years in the health and fitness industry, Dr. Kabari has worked with patients from all walks of life, including infants as young as five months old to senior citizens aged 96. His expertise extends to everyday individuals as well as professional athletes, catering to a wide range of health challenges. Driven by a collaborative approach, he coordinates the care of his patients with a multitude of healthcare professionals, including Orthopedics, Physical Therapists, Medical Doctors, Neurologists, Neurosurgeons, General Surgeons, massage therapists, chiropractors, osteopathic physicians, nurses, personal trainers, mental health counselors, and many others.

Dr. Kabari's dedication to his field has earned him recognition, with his work being published in Forbes Online Magazine and other esteemed publications. His commitment to improving the lives of his patients, combined with his vast knowledge and experience, has made him a respected figure in the health and wellness community.

OWNER OF:

- ✓ Kabari Wellness, Inc.
- ✓ Kabari Wellness Rome, LLC
- ✓ Kabari Chiropractic
- ✓ Corrective Stretch and Exercise Studio
- ✓ Start To Fit Health and Wellness LLC
- ✓ Restorative Functional Center
- ✓ Wellness Cafe
- ✓ Elite Athletic Performance Center

LICENSED:

- ✓ Doctor of Chiropractic

CERTIFIED:

- ✓ Personal Training (ACSM)
- ✓ Kinesio-taping
- ✓ Clinical whole food nutrition